FALL SESSION 2026

August 31st – December 18th ***(TEAM Lev 1-8, Xcel Copper/Bronze, Pre-Team Girls/Boys)***
September 8th – December 18th *(Recreational: Instructional/Kindernastics/Preschool/MM)*

Monday:	4:30-5:30	Instructional Coed (5+)
	5:30-6:30	**Xcel Copper**
	6:30-7:30	**Team Level 1**
Tuesday:	4:00-5:00	Instructional Coed (5+)
	5:00-6:00	**Pre-Team Boys**
	6:00-7:30	**Team Level 2**
Wednesday:	4:00-5:00	Instructional Coed (5+)
	5:00-6:00	**Pre-Team Girls**
	6:00-8:00	**Team Level 3, 4, 5, 6, 7, 8**
Thursday:	**4:00-5:00**	**Xcel Bronze**
	5:00-6:00	**Team Level 2**
	6:00-8:00	**Team Levels 3, 4, 5, 6, 7, 8**
Friday:	4:00-4:30	Munchkin & Me (2-3yr)
	4:30-5:15	Preschool (3-4yr)
	4:30-5:15	Kindernastics (4-5yr)
	5:15-6:15	Instructional Coed (5+)
	6:15-7:15	Adults
Saturday:	9:00-9:30	Munchkin & Me (2-3yr)
	9:30-10:15	Preschool (3-4yr)
	10:15-11:00	Kindernastics (4-5yr)
	11:00-12:00	Instructional Coed (5yrs +)

Gym Closed:
Fri, Sept 4th – Mon, Sept 7th…….Labor Day weekend
Sat, Oct 10th – Mon, Oct 12th……Columbus Day weekend
Sat, Oct 31st…… Halloween
Wed, Nov 25th – 29th……Thanksgiving weekend
Wed, Dec 23rd – Jan 2nd……..Christmas and New Year's Vacation

Fall Session Holiday Gymnastics Show: Sat, December 19th & Sun, December 20th